

HRIDAYA ROG (HEART DISEASE)

Wholesome Diet (Pathya)

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Grains-Old Red rice, Wheat

Vegetables-Cabbage, Bottle gourd, Snake gourd, Round gourd Brinjal

Legumes-Green gram, Horse gram

Meat-Goat, Chicken, Partridge (Titar)



Fruits-Pomegranate, Mango, Ripped white pumpkin, Grapes, Mahalunga (A kind of lemon), Lime, Orange, Banana

Milk & Milk products-Ghee

Water-Boiled water (Need not be hot while drinking)



Tubers-Ginger, Garlic, Raw fresh Turmeric, Onion, Dry ginger

Honey-Useful

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Other-Sandal wood, Omum, Coriander leaves & seeds, Caster oil, Cow urine, old Jaggary, Cumin, Almonds, Tambul (A type of after-mint Called 'Mukhashuddhi in Sanskrit made in betel leaf) with Saffron, Betel nut & Cardamom

Unwholesome Diet (Apathya)

Grains-Com, Great millet, spiked millet, Ragi, Dry ginger

Vegetables- Red pumpkin, drumstick leaves & Flower, leafy vegetables, bitter gourd, dried vegetables.

Legumes- Green pea, Black pea, Kidney beans, black gram, cow pea.

Meat-Pork, Fish, Lamb Animals & Birds from Marshy places, River banks dried flesh

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Fruits-Jamun (Eugenia jambolina), Water melon, Jack fruit , Custard apple. Ambadi (Indian hemp, Hibiscus cannabinus), Zizipus, Pineapple, Fruits tasting Astringent, sour & Sweet like Strawberry



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Milk&Milk products-Only milk, Whole milk, Fresh milk. Cold milk, Paneer, Curd, Lamb milk

Water-Stored stale water, Cold water

Tubers-Arum, Tapioca, Sweet gourd, Kohlrabi (Navalkol/Alcol), Lotus tuber, Potato

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Other- Incompatible food articles, hot food, Stale food, Spicy nhot food, Chat Variety (Panipuri, Bhelpuri etc), Vada (Fried potatom dish), and Pakoda (Fried chips)

For Taking Consultation with our Experts you can book appointment with us at +91-730-77-92-522, +91-730-76-79-706 or can mail your reports at deevyaayurveda@gmail.com or can visit us at www.ayurvedahaircare.in

1		CLEAN OIL	Eliminates dandruff, Reduces Itching
2		ROBIN LIV 99 SYRUP	Increases appetite and protects Liver
3		ROBIN COUGH SYRUP	For dry and Productive Cough
4		RISHI PATCH OIL	Prevents Alopecia and maintains healthy hair growth
5		HY CURE	Treats anxiety, Stress, Tension and Sleep disturbances
6		ARTHOGESIC OIL	Muscular pains, Stiffness, Joint pains, Sprains
7		DIAB BAN	Controls diabetes and its symptoms in combination to hypoglycemic
8		HAIR GROW	Prevents hair fall and maintains existing hair Length
9		SUNETRAM	Makes eyes fresh and Relaxed, Improves vision
10		ROBIN HERBAL FACE PACK	Treats Pimples, Makes Skin Farer and Glowing Naturally
11		ROBIN HERBAL TONIC	Tonic for general weakness of body and lethargy

12		ROBIN HERBAL SHAMPOO	Herbal Hair wash which arrests hair fall, makes hair smooth & shiny Naturally
13		AL CURE	Anti Allergic and Immunity Booster
14		ARTHOGESIC	Treats Joint Pains, Stiffness
15		CAL-CURE	For management of Urinary Tract Infections and Kidney Stones
16		HAIR CARE	Prevents hair fall and maintains existing hair Length
17		FIT WOMEN Spray	Vaginal wash for treating Leucorrhoea & Maintaining Hygiene
18		KAMAGNYA CAP.	Treats Loss of Libido, Pre-Mature Ejaculation, General weakness, Oligozoospermia & infertility issues
19		LIPI CURE	Dyslipidemia, Obesity and Joint pains

20		FIT WOMEN CAP.	Leucorrhoea, DUB, Metorrhoea
21		G NIL	For Treatment of Gout and Raised Uric Acid
22		PILES 3	Treats Hemorrhoids, Piles
23		ROBIN TONIC	Treats weakness of body and promotes hair growth
24		THROAT CARE	Reduces Cough, Throat Irritation, Hoarseness of voice
25		GILOY	Immunity booster, Reduces hyperuricemia
26		SHATAVARI	For improving Feminine issues and Sexual wellness
27		ANERGEX PLUS	General weakness, Diabetic Weakness
28		FRESH MORNING	Chronic constipation, Flatus, Gaseous Distension
29		TWACHYA HERBAL CREAM	Improves Complexion and makes skin glowing and smooth. Treats Rosacea, Improves Cracked Heels and Dryness of skin.

30		Hair Gainer OIL	Prevents Hair Falling and increases length of existing hair
31		TEMPRINA SYRUP	Treats fever and post fever weakness
32		ROBOSYME SYRUP	Improves Digestion and abdominal pain
33		Stevia Drops	Natural Sweetener, Controls Blood Sugar and Obesity
34		GOKSHRU TRIBULUS	Enhances Natural Testosterone, Increase Energy & Endurance, Boost Male Performance